

# 'Bridging the gap between TCM and Japanese acupuncture'

**Brisbane July 10<sup>th</sup> – 11<sup>th</sup> 2010**

**Day 1**

**2:30 – 5:30pm**

## **Introduction**

After 12 years as a TCM practitioner, why I changed to Japanese acupuncture/Meridian therapy, how it has helped my and could help you career exponentially?

Origins of Japanese acupuncture/Meridian therapy

## **The 4 Types of Basic Deficiency Syndromes used in Japanese acupuncture/Meridian therapy**

Causes of Disease and the Generation of Heat or Cold

The Influence of Heat and Cold

*'Although the symptoms may be well identified, problems occur when only the symptoms are taken into account and the Basic Deficiency Syndrome is not considered.'*

In acupuncture therapy, tonification of the Basic Deficiency is absolutely essential for optimal results!

## **An overview of a Japanese acupuncture/Meridian therapy treatment**

Learn as you watch a complete Japanese acupuncture/Meridian therapy treatment, from diagnosis to conclusion.

Skills demonstration and explanation of specific Japanese acupuncture/Meridian therapy skills including;

## **Diagnosis**

### Visual

Facial and auricular,

### Palpation

Abdominal palpation/Hara diagnosis, pulse diagnosis, Meridian and tissue palpation

### Audio-olfactory

### Questioning

In-depth discussion on the relevant and irrelevant questions you might ask your patient.

## **Treatment**

### Needling

Tonification, dispersion, shunting.

### Moxibustion

Rice grain, needle head, heat perception platform moxibustion, Ondan/smokeless

**DAY 2**  
**9:30am – 12pm**

**Practical demonstration and explanation of specific practical skills required to deliver Japanese acupuncture/Meridian therapy treatment**

**Diagnosis**

**Basic Methods of the 4 Examinations**

1. Visual  
Facial and auricular
2. Audio-olfactory
3. Questioning
4. Palpation  
Abdominal palpation/Hara diagnosis, pulse diagnosis, Meridian and tissue palpation

**Treatment**

**1. Basic Principles of Tonification and Dispersion**

In depth discussion of these basic principles as applied in Japanese acupuncture/Meridian therapy treatment.  
Includes participant practice

**2. Point Selection For Root Treatment**

The fundamental principles behind the selection process of specific points from a 5 element perspective

**3. Patient Prognosis**

The significant factors involved in estimating how many treatments might be required to achieve a successful clinical outcome

**1.30pm – 5:30pm**

**Clinical Skills Training for Participants**

**Treatment**

Needling

Tonification, dispersion, shunting.

Moxibustion

Rice grain, needle head, heat perception platform moxibustion, Ondan/smokeless

**Diagnosis**

Visual

Facial and auricular,

Audio-olfactory

Questioning

Palpation

Abdominal palpation/Hara diagnosis, pulse diagnosis, Meridian and tissue palpation

**Understanding the four step treatment plan used in Japanese  
acupuncture/Meridian therapy**

- 1. Needling the abdomen.**
- 2. Root Treatment.** *Tonify Deficiency and Rectify excess*
- 3. Branch Treatment**
- 4. Needling the Back** *especially the Transporting Points.*

Includes an intensive practice session for participants